



**PRINCETON CENTER
FOR YOGA & HEALTH**

www.PrincetonYoga.com
609-924-7294

Healing Dance Circle

with Elaine Egidio

April 3rd, 2010



*Dancing is
like dreaming
with your feet!*

~Constanze

This group combines Dance Therapy techniques, guided imagery, essential oils and journaling to help participants move through the roadblocks that keep us from being our fully creative selves.

Please wear comfortable clothes and bring a journal.

**SATURDAY,
April 3rd, 2010 2:00 to 4:00 pm**

Price: \$30

**Please Call PCYH
609-924-7294 or go to the web scheduler on
www.princetonyoga.com to register**

Montgomery
Professional Center
50 Vreeland Drive
Suite 506
Skillman, NJ, 08558



About Elaine Egidio

Rev. Elaine M. Egidio, MCAT, LPC, ADTR is a Dance Therapist, NJ Mental Health Counselor, Shamanic Practitioner and Educator and the Director of Dancing Winds Therapy in Atlantic Highlands, New Jersey. She is a minister in the Circle of the Sacred Earth, a church of animism dedicated to shamanic principles and practices.

She is a Foundation for Shamanic Studies Guest Faculty Instructor. For more information about Elaine and her work, visit www.dancingwindstherapy.com